

Why You Should Listen When Your Animals Don't offers insights into animals' minds, actions.

LOS ANGELES — Some pet owners never cease to be amazed by the bravery and intuitiveness of their furry friends. In January 2015, a dog saved his owners' lives when his barking alerted them to a fire in their Santa Ana, California, home, according to a Fox 11 Los Angeles' report. Author and animal communicator Diana DelMonte is not surprised by this dog's actions.

DelMonte says animals know much more about their person's health and wellness than they are given credit for. Her new book, ***“Why You Should Listen When Your Animals Don't: How Your Animal's Behavior And Health Mirror Who You Are”*** (published by Balboa Press, foreword by Bernie Siegel, MD), opens the lines of communication between people and their animal companions.

DelMonte believes that a pet's actions often mirror an owner's emotions, actions or unresolved problems. Using examples from her professional experiences as well as case studies, DelMonte shows how animals can become profound catalysts for their person's inner healing and transformation.

With her book, DelMonte hopes to bridge the gaps in communication and stem the tide of people getting rid of “problem” animals. By paying attention to an animal's behaviors, readers will be able to see themselves from a new angle and understand the relationship they share with their pets.

“Animals want us to be happy,” DelMonte assures her readers, “and when their thoughts, concerns and requests are heard, behavior problems are resolved.”

Why You Should Listen When Your Animals Don't
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